

Elmcor Youth & Adult Activities, Inc.

PARENT / CAREGIVER SUMMIT

Elmcor is here to support YOU during the pandemic!

July 25, 2020 | 10 AM to 12:30 PM

<u>Join Zoom:</u>

Meeting ID: 955 5087 6232

Password: 2E7Jnc



Topics Included:

- What do I say to my youth about Racism and Social Injustices?
- Healthy Meal Options during the Summer.
- Youth Mental Health during the Pandemic.
- Substance Use Risk and Protective Factors for Youth during COVID.

To register: https://parentcaregiversummit.eventbrite.com

www.elmcor.org